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**State Fire Marshal Reminds People to Change Your Clock, Change Your Battery
Sunday March 9, 2008**

Every second weekend in March, we turn the clocks ahead one hour. This is a good time to also change the batteries in your smoke detectors and now your carbon monoxide alarms. "The peak time for home fire deaths is between 10 p.m. and 6 a.m. when most families are sleeping," says State Fire Marshal Stephen Coan. "Smoke alarm maintenance is a simple, effective way to reduce home fire deaths. Children and senior citizens are most at risk, and a working smoke alarm can give them the extra seconds they need to get out safely." Remember that on Sunday, March 9, when you *Change Your Clocks Change Your Batteries*.

For more information on fire safety and smoke alarms contact your local fire department or the Department of Fire Services at 1-877-9 NO FIRE (1-877-966-3473) or online at www.mass.gov/dfs and click on *Fire Safety Topics*.